

november 2023

the

BAT

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THE

COLON

ISSUE



IN THIS ISSUE:
"On trivialities" & an
accompanying COLLAGE-
decolonize ur DIET. decisionization
ISN'T a metaphor. STAY
UNCOMFORTABLE

On trivialities

The medium dirty chai with soy milk,
that was accidentally made into a large with a g-o-gle search of 215 calories
was spilled on my shoe in a tumble and I quite ungracefully tried to sop it up with this page.

I see a heron in the river as I write this.

I see fallen leaves and desecrated bodies and a feel a pain,
deep seated in my stomach,

histories of people and resistance wrapping and twisting and something, something, something.

The Palestinian resistance is inspiring and my comrades are inspiring and I am bere
with accidental lagers and tumbling chais.

I check my phone.

At 11 I will do my work.

I will read the article on *Experiences Sharing as Feminist Praxis: Imagining a Future of
Collective Care* and I will learn something.

I am told I will learn something.

Today in geology we learned that limestones decompose
into soil and I can't help but think of the soil in Gaza.

At the sit-in, we were told to quiet down because *Some Of Us Are Still Doing Work In Here*

I smell cigarette smoke and mold festering in water and feel a swirling in my stomach of something that
has teeth and wants to spit.

Bleat Bleat!

Spit! Spit!

Take action! End the occupation!

It is our responsibility to hope and fight for a Free and Liberated Palestine!

Solidarity to resistance!

Bleat Bleat!

Spit! Spit!

CVS Health.

STERILE

Alcohol
Prep P

ANTISEPTIC

From the CVS
Pharmacy

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THE
SEE US
AGAIN

The greatest wisdom is seeing
through appearances.

The kind of advice we do not like
to take often turns out to be the
best.



WHAT DOES IT MEAN TO DECOLONIZE UR DIET?

- Focuses on Food for People.** People, not corporations, should be at the center of food, agriculture, and fisheries policies. All people have the right to sufficient, healthy, and culturally appropriate foods, including the hungry and other marginalized people.
- Values Food Providers.** Values and protect the rights of those who cultivate, grow, harvest, and process foods, including migrant workers.
- Localizes Food Systems.** Food sovereignty puts community first, meeting local and regional food needs before international trade.
- Local Control.** The food sovereignty movement supports local control of resources such as land, water, seeds, livestock, and fish. It asserts that local communities have the right to exist in their territories, and rejects natural resource privatization.
- Builds Knowledge and Skills.** Food sovereignty builds on the skills and local knowledge of food providers and local organizations to manage localized food production and harvesting systems, and preserve that knowledge for future generations.
- Works With Nature.** Food sovereignty values ecological production and harvesting methods and reinforces resilience and adaptation. It seeks to avoid harmful industrial methods, including monoculture crops, factory farms, and unsustainable fishing practices.

"Six pillars of food sovereignty"

from the Nyéléni 2007 Forum for Food Sovereignty

building towards food sovereignty means one way to decolonize our food production & distribution systems

The Squash Chop[®] by Sean S. Wagnon na Thaspáig Wahnáigpi (Squash and Apple Soup)

- 2 tablespoons sunflower oil
 - 1 wild onion (or 1/2 cup shallot), chopped
 - 2 pounds winter squash, seeded, peeled, and cut into 1-inch cubes
 - 1 tart apple, cored and chopped
 - 1 cup cider
 - 3 cups Corn Stock or vegetable stock
 - 1 tablespoon maple syrup or more to taste
 - Salt, sumac to taste
 - Cranberry Sauce, or chopped fresh berries
- Heat the oil in a deep, heavy saucepan over medium heat and sauté the onion, squash, and apple until the onion is translucent, about 5 minutes. Stir in the cider and stock, increase the heat, and bring to a boil. Reduce the heat and simmer until the squash is very tender, about 20 minutes. With an immersion blender or working in batches with a blender, puree the soup and return to the pot to warm. Season to taste with maple syrup, salt, and sumac. Serve with a dollop of Cranberry Sauce.

recipes from indigenous tribes and authors

decolonizing your diet means shopping with food sovereignty in mind it means looking towards your own culture & heritage for recipes, ingredients, inspiration

delawaretribe.org

Shiwahapan (Grape Dumplings)

- Grape Juice: 48 oz
 - Butter: a dab
 - Sugar: ca. 1 cup, to taste
 - Grape Juice: 1X cups
 - Flour: 3 cups or as needed
- Place grape juice and sugar in a large saucepan and heat, but hold out 1/4 cup grape juice as the liquid for the dumplings. Mix the remaining ingredients until a bit thicker than biscuit dough. On a floured board roll out four circles each being about 12 inches in diameter and 1/4 inch thick. Cut these into 3/4 inch wide strips, and cut the strips into 3 inch long pieces. When the juice is boiling, add the dumplings, one at a time. Boil slowly for about 25 minutes.

DECOLONIZATION IS NOT A METAPHOR

A BRIEF SUMMARY + ANALYSIS BY CLARA

SOURCING ↗

"Decolonization Is Not a Metaphor"

By Tuck and K. Wayne Yang (2012)

Published in *Decolonization: Indigeneity,*

Education & Society Vol 1



This essay, published in 2012 in the midst of the Occupy Movement, aims to "reorient readers about **is something about decolonization**"; it was a landmark statement in the development of scholarly/historical thought surrounding decolonization. Tuck and Yang provide quite a harsh critique of how decolonization exists in academic spaces: "easy adoption of **decolonizing discourse**" by educational advocacy & scholarship erases the power and true goals of decolonization, reducing it to a mere metaphorical framework. They remind us that **decolonization "brings about the repatriation of Indigenous land and life: it is not a metaphor for other things we want to do to improve our societies and schools."**

Free Pdf!

"When metaphor invades decolonization, it kills the very possibility of decolonization; it re-centers whiteness, it reasserts theory; it extends innocence to the settler. It entertains a settler future. Decolonize (a verb) and decolonization (a noun) cannot easily be grafted onto pre-existing discourses/frameworks, even if they are critical, even if they are anti-racist, even if they are justice frameworks."

- pg. 14

landback.org/manifesto
stanford.edu/files/on_violence.pdf
MORE SUGGESTED READING!

In the context of settler colonialism, it is **fundamentally about relationships to land**. Settlement as colonization creates a structure in which "**land is remade into property**"; Indigenous people and their very different relationship to the land are **erased**. Tuck and Yang point out that the language of "**decolonizing minds**" is in danger of **erasing a central element** in which the land question is added in favor of the "cultivation of critical consciousness", allowing it to "stand in for the **more uncomfortable task of relinquishing stolen land**". Until this question (of land) is settled, the task of developing a critical consciousness simply fails to translate into materially significant decolonizing action.

i was supposed to write a piece on grief. but i have let the grief rip through me and i am on **page** now. i have been sick since the **genocide** started, sick with worry and fear and horror and sadness but now i'm Sick. Of. It.

i'm sick of not being taken seriously. i'm sick of being **gaslit** by **yt** women. i'm sick of being told there are specific ways to talk about my struggles and the struggles of others. i'm sick of silence and inexcusable claims to ignorance. i'm sick of being threatened into compliance. i'm sick of feeling vindicated because WHY DIDN'T U JUST FUCKING LISTEN TO US. i'm sick of being **tokenized** and i'm SICK of being used as a symbol of the college's liberalism - but only as long as i don't ACTUALLY pose a **threat**. i'm sick of **yt** people who think they have a RIGHT TO COMFORT. who can be radical but ONLY when it benefits them (how come "faggot" in ur mouth is power but **"genocide"** in mine is too much). i'm sick of comfortable **yt** people, satisfied in their status as One Of The Good Ones, ignoring **accountability** and **blame**. i'm sick of not receiving fucking apologies.

im sick of this WHOLE FUCKING CAMPUS !! im
suffocating in fuck ass **white** people. every single
day is like freshman seminar with the same inane
fake-woke conversations and tone policing and
identity politics or WORSE people pretending like
there's such a thing as being apolitical in this
environment. everybody is the most oppressed person
in the world and nobody wants to talk about **racism**.

so that's it. i'm not holding your hand any longer. i
won't be explaining SHIT to you.

stay out of my way. there's a genocide happening.

FROM THE RIVER, TO THE SEA,

FREE PALESTINE.

**FUCK SETTLER
COLONIALISM.
FREE
PALESTINE.**